

# Soldier Hollow Summer Action

BY MARGO BLACK

Wave Staff Writer

Soldier Hollow, the venue for winter nordic sports will not be sitting idle this summer.

Former Olympian David Jarrette and his team have developed a summer cross-country skiing training program for youths.

Two classes will be offered. One is for kids 12 and older, and will be three days a week, from 9 until 11 am. The other is for children 11-years old and under, and will meet two days a week, on Tuesdays and Thursdays.

Jarrette says that the age guidelines are not precise. Ability will ultimately determine which class a youth will be in.

Outdoor sports are a good way for kids to stay active in the summer months, Jarrette said. This program is also a good way to introduce kids to the sport of cross-country skiing.

The program will have participants running, doing some strength training and participating in games, Jarrette said. He added, he hopes to see a lot of interest in the program.

The Lodge at Soldier Hollow will be available for rentals.

"It is a wonderful lodge that can be used any time of day, morning, afternoon or evening, seven days a week," Jarrette said.

The lodge is an excellent location to hold any occasion such as family reunions, company parties, or as Lisa Larsen from the Olympic Coordinators office said, "it would be a neat place to have a wedding."

Both Larsen and Jarrette said that the views from the lodge were spectacular.

Net proceeds from the rentals will be directly funneled into supporting the Soldier Hollow Ski Team/Community Olympic Development Program for youths. This youth program includes the ski team and the "Two Dollar Program." The two dollar program is for any organization that involves children. If an organization has a group of 20 or more kids, they will receive rental equipment, a ski pass and instruction for \$2 dollars per child.

The Soldier Hollow Ski Team consists of kids ages five to 15 years old. Last year the team had between 35 and 40 members. Jarrette said he would like to see even more kids involved this year. He says that by putting the rental profits towards these programs, it will make it easier for any youth who wants to join.

Jarrette said Soldier Hollow is open to the public for hiking, running or just sightseeing. The venue host 16 miles of trails.

He said there is always someone at the lodge between 9 a.m. and 5 p.m. to answer questions and provide information. They are more than happy to assist.

Also on Soldier Hollow's summer agenda is a "Community Day." Jarrette said it will probably include a barbecue. The "Community Day" is a "thank you" to local residents for their hard work and support.

For more information on the cross-country ski program or to inquire about renting the lodge, call 654-2002, and ask for Kelly.

# Just Stuff

by Jan

Summer is officially here. Oh, we haven't marked it off the calendar, and the kids aren't quite out of school, but Memorial Day weekend has been and gone and, consequently, for all intent and purpose, summer is here! While Memorial Day came a little earlier than usual this year, I'm rip roarin' ready for summer!

I've tucked away the winter woolies, stored the snow shovel in the garage, dug out my shorts and sandals and pulled out the sun block. Kraig has fired up the lawnmower a time or two, he's primed the air conditioner and he's winterized the snowmobiles. And this morning I clipped a few partially opened rose buds to take into the office. That's a sure sign summer is here.

And it's none too soon. I'm ready for a break. I'm ready for some fun in the sun. I

want to run barefoot across freshly cut grass, squish my toes in mud and splash in the swimming pool. I'm ready to cut across the wake of a boat on a water ski or dive into a lake and watch the waves lap at the shore. I'm ready to eat watermelon and get my face all sticky, or chase the ice cream truck down and buy some frozen delight. I'm ready to go camping and roast marshmallows over a fire and wade in a babbling brook. I'm ready to lay on the lawn and watch the stars at night, or find funny shapes in the billowing clouds on a sunny day.

I'm even ready to complain that my office is too cold because the air conditioner is cranked up too high. It will offset last fall when it was too hot when they were trying to set the furnace. Yep, it has arrived. Hip hip hooray for summer!

# Senior News

**Thursday, May 31:** Porkettes, mashed potatoes and gravy, peas, applesauce, pork 'n beans, roll and butter, sweet roll and milk.

**Friday, June 1:** Sweet'n sour chicken on rice, broccoli, fruit salad, green salad, roll and butter, apple betty and milk.

**Monday, June 4:** Ham, au gratin potatoes, broccoli, canned peaches, fruit salad, roll and butter, chocolate cake and milk.

**Tuesday, June 5:** Baked chicken, parsley potatoes, carrots,

no Meals on Wheels on Monday, May 28. It's Memorial Day.

**St. George - Tuacahn**

Wasatch County Senior Citizen, on Tuesday, and Wednesday, Aug. 14 and 15, we will travel to St. George, Utah to see a play at Tuacahn. The play is "The Sound of Music" with clutch oven dinner. We will also visit Silver Reef, Mt. Meadow Massacre Monument and Cow Fort. The cost of the trip will be \$63 per person for double occupancy. Come and join the fun with us. Sign up at the Senior